



# ANCHORS UP

SAILING SINGLES OF SOUTHWEST FLORIDA

www.sailing-singles.net | Summer 2013 Newsletter



*We are enjoying all the members we have met.*

GUNDAR VIESTURS

## CALENDAR

**AUG 2**

TGIF

Doc Ford's - FMB

**SEP 6**

TGIF

Doc Ford's - FMB

*Check the website and watch "Heads Up" and the website for additional outings and more specific information.*

## BIRTHDAYS

**JUNE 4** | Bob Weisman  
**JUNE 6** | Joy Hanson  
**JUNE 16** | Donald Gene Kaser  
**JUNE 21** | Allen Fisk

**JULY 4** | Lois Pulaski-Mulé  
**JULY 11** | Joan Machen  
**JULY 19** | Debbie McRae  
**JULY 26** | Richard Smolen  
**JULY 26** | Kale Gorham

**AUG 1** | Roger Wood  
**AUG 4** | Harold Fleming  
**AUG 29** | Chet Young

**SEPT 11** | Andrew Mulé  
**SEPT 13** | Ronald Mueller  
**SEPT 22** | John Kalisik  
**SEPT 22** | Bob Rollman  
**SEPT 27** | John Coriell  
**SEPT 30** | Pete Knopf

## Who's Who

**Commodore:** Dan Bullard  
**Vice Commodore:** Bob Rollman  
**Secretary:** Joy Hanson  
**Treasurer:** Kathy White  
**Directors:** Melissa Butler  
Roger Wood  
**Membership:** Carol Fitzgerald  
**Cruise Director:** Joan Kachel

**Telephone:** John Coriell  
**Newsletter Editor:** Shannon Sykes  
**Website Editor:** Shannon Sykes  
**Heads Up:** Ann Lieberman  
**Program Coord.:** Phil McCorkle  
**Social Chairman:** Kathy White  
**Publicity Coord.:** Jocelyn Erickson

## CAPTAINS

Mary Burch                      Deena Kirkey  
George Cuic                      Kathy Maciel  
Tom Edleman                      Sonia Raymond  
Allen Fiske                      Clarence Yahn  
(305) 720-7494



## SAIL TIP OF THE MONTH

It doesn't matter how scrupulous you are about keeping your heads compartment clean if you leave your intake hose and toilet bowl filled with seawater when you leave the boat.

## Commodore's Corner [Dan Bullard]



### Ahoy Shipmates!!

I hope everyone is staying cool and dry as the summer rainy season is upon us in full swing! The weather does not accommodate our zest for heading out to the warm waters of the Gulf of Mexico and hoisting our sails much. The daily showers and squalls seem to arrive earlier in the day as the summer progresses.

The last week of May, Beth, Jarred and I departed for a week long trip to my Hometown of Chicago. Vacations always go too fast, but we had a wonderful time, visiting family, traveling the Metro daily to go downtown and tour the Loop, Navy Pier, Shedd's Aquarium, Soldier Field and the Field Museum. A trip to the top of Willis (Sears) Tower, 103 stories above the bustling streets of the Loop, made for some weak knee moments. It's been rumored you can actually see Wisconsin on a clear day. The weather was beautiful, except for the Sunday we attended a Chicago Cubs game at Wrigley Field! The morning of we awoke to a comfortable 65 degrees, but by game time at 1:30 pm, it was a quite chilly, toe freezing, and windy 46 degrees. Yes, I am crying about it, but I have lived in Florida for well over 25 years. If you are headed up north soon, I now have a used once winter jacket with the Chicago Cubs logo for sale. At the next TGIF, I would love to hear about your summer travels!



With Sailing-Singles.net up and running I am

encouraging everyone to click on the "Galleries" button on the top of the page. I thank all those who have posted pictures and have joined the Club's Meetup Group. There seems to be a lack of recent pictures from the 2012-2013 season. I know we all have taken many pictures, so visit the Galleries section and post some pictures and give some to Shannon for newsletters as well. All it takes signing up on the Meetup Website. (see instructions on last page of newsletter). Until we have another venue to post pictures, lets promote the club through Meetup.com. That's how I found the greatest Sailing Club around!!

Mark Your Calender: TGIF is August 2, at Doc Ford's, I am looking forward to seeing everyone there and being able to catch up. It's a long weekend for me so I will be there!! Proudly fly the Stars-n-Stripes on July 4th, after all it's the birthday of the good old USA!!! ■

## BOAT SAFETY

1. **Knowledge** – take a safe boating course to learn how to avoid trouble.
2. **Preparedness** – Captains carry all required Coast Guard safety equipment and Crew do what the Captain tells you.
3. **Experience** – Follow the rules of the road and get out on the water and get as much experience as you can. Can't do it sitting watching TV.
4. **Discretion** – Weather is a primary consideration in whether to head out or stay in. Check the weather using the many sources available.
5. **Caution** - Captains -file a float plan and Crew tell a friend or relative that you are going out.
6. **Judgement** – Be aware of your surroundings and the weather.

### Emergency Radio Call Procedures

1. Make sure radio is on
2. Select Channel 16
3. Press/Hold the Transmit button
4. Clearly Say: MAYDAY MAYDAY MAYDAY
5. Also Give:
  - i. Vessel Name and/or description
  - ii. Position and/or location
  - iii. Nature of emergency
  - iv. Number of people on board
6. Release Transmit Button
7. Wait for 10 seconds – if no response repeat "MAYDAY" Call.



**Have all on board put on life jackets.**

## Crews Corner & Notes

James Baker also likes to go out on the River. Give him a call.

**HEADS UP:** Watch the Sailing Singles website or look for Head's Up for know what is happening.

**SSC SHIRTS:** Get them at Fred's Award World, Ft. Myers.

**DID YOU KNOW????** The United States Coast Guard has rescued well over 1 million people since it was established as the Revenue Cutter Service in 1790.

**BOATING COURSE:** Take an Online Boating Course

It's time to brush up on your boating and safety skills, and doing it online is easy and free.

[www.BoatUS.org/onlinecourse](http://www.BoatUS.org/onlinecourse) | [www.BoatUs.com/games](http://www.BoatUs.com/games)

**NEW WEBSITE:** [www.Boatsafe.com](http://www.Boatsafe.com) | Has boat safety, boating courses, articles, ships store and boating quizzes.

**LEE WATERWAYS APP:** Lee County boaters now have their own App for smart phones. This free App has a

### NOAA's Guides Go

**Digital:** Effective August 21, 2012, NOAA has begun publishing its entire US Coast Pilot series online, where books are available as free downloadable PDFs. The nine volumes provide navigational information for the majority of the country's waterways, including anchorages, currents, tides, weather and small craft facilities.

[nauticalcharts.noaa.gov](http://nauticalcharts.noaa.gov)

variety of information. There are maps and satellite maps of waterways throughout Lee and Collier Counties. A fish finder and identify the fish you catch and the regulations. A reef map gives boaters GPS coordinates for local reefs. A ship-wreck map does the same for underwater shipwrecks. The maps show where idle and slow speed zones are. There's info on drawbridges and passes. You can download it on your phone and know the information is up-to-date. Search: Lee Waterways App.

**FOR YOUR INFORMATION:** October 1, 2013 is the beginning of the Sailing Singles Club Year and your dues will be due at that time. Everyone needs to fill out an application and turn it in. You will not be added to the roster until that time.

**POWER SQUADRON:** Try Power Squadron Courses to Increase Your Boating Knowledge

**KNOW YOUR KNOTS:** Go to these websites for a fun way to learn to tie knots with animated illustrations: [www.animatedknots.com](http://www.animatedknots.com) | [www.Netknots.com](http://www.Netknots.com)

**JOCELYN WANTS TO KNOW:** If any of you see my articles in any of the newspapers, clip and save for me.

## CHASING THE WIND

### 24th – Chasing the wind.

After a planning session to consider the day's weather, tides and boat holiday traffic, the fearsome foursome (Mary, Joanie, Roger and Bob Rollman) were in the Gulf by 10:45 and set sail toward Bonita Beach at a compass reading of 180 degrees. Many dolphins were spotted but the winds were mild up until about 12:30 when they kicked-in and we could heel a bit. An hour later they shifted so with a heading of 210 degrees we were now moving along strong. Then again around 2:30 a new course of 280 degrees was necessary to accommodate the ever increasing winds. Now we were heeling! Nearing 4pm we decided to tack and head home. By this time we were nearly 10 miles off shore. The waves were rough but Bright Star cut nicely through them. Only problem returning was the low tide. Mary had everyone stand on

the bow as she slowly maneuvered the channels. Once back we jumped in the pool, had a spaghetti dinner (compliments of Mary) and crashed about 11pm.

### 25th – Catching the wind.

Around 11:30am we were sailing. Wind was somewhat weak near the shore but 10-12 mph further out. As we headed south the winds would gust and have us moving and healing for awhile then back to the 10-12 mph. It was like this throughout the day. We headed back and when Mary turned on the motor to head into the wind, for dropping sails, Bright Star shuddered and shook. Everyone became concerned. Roger guided the main sail by hand as we navigated the winding channels. Mary tried the motor again and it worked fine. At the slip Bob snorkeled under the boat and looked at the prop, shaft, keel and rudder

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but all appeared okay. That evening we had a BBQ with a feast of other foods. Everyone was filled from all the eating. Mary showed photo albums of Sailing Singles events from the past. Now that was interesting.

**25th – From slow to high.**

Headed out we caught slow moving easterly winds. After about a half hour Mary called Kathy Maciel who was with Bob Miller and Kathy White on the Gypsy heading out into the Gulf. We tacked and met them as

they started sailing south. Slow winds prevailed most of the day as both sailboats traveled down the coast. After tacking and heading back the Gypsy set a spinnaker on her port side and wow, what a nice sight. As we traveled toward the southwest coast of Sanibel Kathy M. asked Mary to shoot some photos of the sail. Mary motor sailed totally around them as Bob R. shot pics. Afterwards we set sail for the outer marker and noticed an increase in winds. As Bright Star maneuvered more north

the winds kicked in and what a great ending they provided for us as we ended our three days of sailing. Back at Mary's, after tidying up the boat, everyone went for a swim in the pool. Afterwards we had a smorgasbord of leftovers from the previous days. We ate and chatted until around 8pm when it was time to give a big thank you to Mary for her thoughtfulness, hospitality, generosity and most important her friendship.



**Members of the Winning Team for May's Half Fast Race.**

From Left: Allan Harlick, Kathy White, Dan Bullard



**New Club President Leading his first Meeting, May 2013**



**Newly elected board hard at work during May's Membership Meeting.**

From left: Bob Rollman, VP; Carol Fitzgerald, Membership; Kathy White, Treasurer & Social Chair; Joan Kachel, Cruise Chair; and Joy Hanson, Secretary

# Post your pictures on Meetup.com for Sailing club members to enjoy!

Please post your pictures on Meetup.com for everyone in our club to see. In order to do this, you must join meetup (which is free) and join our group. Once you do that it is simple. Hopefully in 2014 we can migrate to our website with an easy way for you all to post pictures, but until then...look below for instructions.

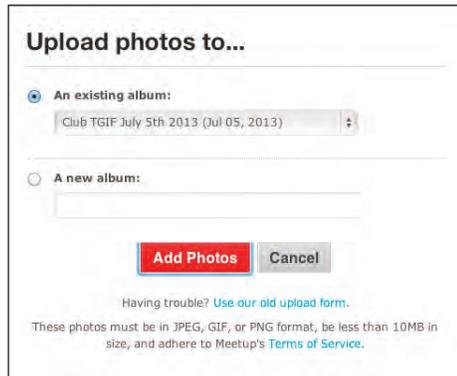


[WWW.MEETUP.COM](http://WWW.MEETUP.COM)

Once you join meet up, click the Photos tab at the top of the page:



Then Below that will be a link that says upload photos. You'll need to know where on your ocmputer they are located because once you click upload photos, it asks which album or allows you to create a new album... Label them well. Please don't simply put the date, tell us where it is or whose boat and the date.



If you don't get the option to create a new album (may be reserved for leaders only) then let me know and I cna create one or Dan can create one for you. I will try and create them for all upcoming sails, but in case I miss one!

At this point, navigate to your photos and add them to the album you create or that was already created. Follow the screen prompts. If you get frustrated, please let me know and I can uplaod them for you.

## HOW MUCH DO YOU KNOW?

Test your knowledge of fun nautical trivia with a sailing focus. These are great questions for a long night watch or the yacht club bar.

1. Your disabled sailboat has been taken under tow. When a fog bank rolls in, what sound signals should you make?
2. What is the origin of the phrase "son of a gun"?
3. What is the origin of the term "mayday" for an emergency call?
4. What percentage of ocean water is composed of dissolved salts?
5. Where on a sailboat are you most likely to find an angel?

1. A vessel under tow in fog should give one long sound blast followed by three short blasts. Repeat at two-minute intervals.

2. In historic sailing ships, women were occasionally smuggled aboard - and many naturally became pregnant in due course. Childbirth at sea traditionally happened between cannons on the gun deck, and the child was recorded in the ship's log as a son of a gun.

3. "Mayday" is said to have originated from the French phrase "M'aidez" - meaning "Help me."

4. Although salinity varies in different oceans and locations, on average sea water is about 3.5% dissolved salts.

5. An "angel" is another term for an anchor kelleet or sentinel. This is a weight that is suspended from the anchor rode some distance down from the bow to lower the angle between the lower part of the rode and the sea bottom, thus increasing its holding power while also providing slack to absorb the strain caused by gusts and waves, especially when there is not room to let out sufficient scope.

## ANSWERS

Nautical trivia comes from the Sailing Pocket Companion from Pavilion Books.

Cape Coral, FL  
33914



[www.sailing-singles.net](http://www.sailing-singles.net)