



# ANCHORS UP

SAILING SINGLES OF SOUTHWEST FLORIDA

www.sailing-singles.net | October 2013 Newsletter



Articles and pictures for newsletter are always appreciated  
November Deadline Nov 2.

## CALENDAR

### October 26

12pm Season Kick Off Picnic  
Sanibel Causeway

### October 31

TGIF AND HALLOWEEN  
(There will be no TGIF Nov. 1)  
Nervous Nellies  
Check website for more information

### November 9

Saturday Sail

### November 21

7pm Membership Meeting  
The Moose, Fort Myers Beach

Check the website and watch "Heads Up" and the website for additional outings and more specific information.

## Who's Who

**Commodore:** Dan Bullard  
**Vice Commodore:** Bob Rollman  
**Secretary:** Joy Hanson  
**Treasurer:** Kathy White  
**Directors:** Melissa Butler  
 Roger Wood  
**Membership:** Carol Fitzgerald  
**Cruise Director:** Joan Kachel

**Telephone:** John Coriell  
**Newsletter Editor:** Shannon Sykes  
**Website Editor:** Shannon Sykes  
**Heads Up:** Ann Lieberman  
**Program Coord.:** Phil McCorkle  
**Social Chairman:** Kathy White  
**Publicity Coord.:** Jocelyn Erickson

**ATTENTION**  
Captains with boats and members with Dinghies, if you want your vessels in the background of the pictures at the Sanibel picnic this month, please anchor them in the water just off the beach (South Side of the Causeway). Wear bright colors!

## CAPTAINS

Mary Burch	Allen Fiske	Sonia Raymond
George Cuic	Deena Kirkey	Clarence Yahn
Tom Edleman	Kathy Maciel	



## SAIL TIP OF THE MONTH

When maneuvering under power or sailing at slow speed, don't forget that the current can be just as important as your heading and the wind direction.

# Commodore's Corner [Dan Bullard]



## Welcome Back

Welcome back everyone to the 2013-2014 Sailing Season. Where did the Summer go? It seems that it was just May and everyone was gearing up for summer travels up north and to distant lands. Here we are already preparing for another season of sailing the blue waters of the Gulf and the murky waters of the Caloosahatchee.

It is an honor and privilege to have been selected as the Commodore of the Sailing Singles Club of SWFL. I will continue all the traditions that have been established by my predecessors. They are the ones who have worked so hard to make the Club such a strong and vibrant group.

As we look forward, my goals are really pretty simple. Number One is "HAVE FUN"!

I would like to increase our membership with those who are active boat owners, I'd like to strengthen member participation and introduce new and exciting ideas into the club.

Our members are what makes the club strong and their involvement is key in continuing our success. I would like to encourage each and every member to introduce at least one new member to the club this year. New and fresh ideas are always welcome.

We have a fun and busy sailing season ahead of us. Please get involved and volunteer to help out on our various outings like the picnic and the annual Holiday Parties. Looking forward to seeing you at one of your events soon!

Dan Bullard, Commodore

*Our members are what makes the club strong and their involvement is key in continuing our success.*

## BOAT SAFETY

1. **Knowledge** – take a safe boating course to learn how to avoid trouble.
2. **Preparedness** – Captains carry all required Coast Guard safety equipment and Crew do what the Captain tells you.
3. **Experience** – Follow the rules of the road and get out on the water and get as much experience as you can. Can't do it sitting watching TV.
4. **Discretion** – Weather is a primary consideration in whether to head out or stay in. Check the weather using the many sources available.
5. **Caution** - Captains -file a float plan and Crew tell a friend or relative that you are going out.
6. **Judgement** – Be aware of your surroundings and the weather.

### Emergency Radio Call Procedures

1. Make sure radio is on
2. Select Channel 16
3. Press/Hold the Transmit button
4. Clearly Say: MAYDAY MAYDAY MAYDAY
5. Also Give:
  - i. Vessel Name and/or description
  - ii. Position and/or location
  - iii. Nature of emergency
  - iv. Number of people on board
6. Release Transmit Button
7. Wait for 10 seconds – if no response repeat "MAYDAY" Call.



**Have all on board put on life jackets.**

2013 Board Meeting



## Crews Corner & Notes

James Baker also likes to go out on the River. Give him a call.

**HEADS UP:** Watch the Sailing Singles website or look for Head's Up for know what is happening.

**SSC SHIRTS:** Get them at Fred's Award World, Ft. Myers.

**FOR YOUR INFORMATION:** October 1, 2013 is the beginning of the Sailing Singles Club Year and your dues will be due at that time. Everyone needs to fill out an application and turn it in. You will not be added to the roster until that time.

**JOCELYN WANTS TO KNOW:** If any of you see my articles in any of the newspapers, clip and save for me.

### APPS FOR SAILORS

**IREGATTA** By Donald McLennan, July 2013, Sail Magazine

Primarily for racers, it provides an impressive amount of real-time and historical data that even cruisers will find useful.

The home screen acts much like a standard multifunction display, with customizable readouts for values such as COG, SOG, VMG, wind speed and compass heading. A lift indicator shows wind shifts, and a performance bar compares your speed to your boat's target speed (calculated using polars). When navigating to a waypoint, the lay line view shows wind direction, bearing to the mark and tack and gybe angles. Though this app works best when linked to WiFi and integrated with NMEA, you can also set the wind direction by aiming your device into the wind or sailing close-hauled.

Especially useful during a race start, but once under way, you can enter waypoints manually or import them electronically. iRegatta then provides a bearing and distance to your next destination.

When used with WiFi, iRegatta is an impressive app with excellent online support.

• **iRegatta, Let's Create, lets.create.dk** | • **\$10/basic, +\$6/NMEA, +\$4/AIS**

### USEFUL WEBSITES: Boating Course

[www.BoatUS.org/onlinecourse](http://www.BoatUS.org/onlinecourse)  
[www.BoatUs.com/games](http://www.BoatUs.com/games)

### Boat Safety

[www.Boatsafe.com](http://www.Boatsafe.com)

### Know Your Knots

[www.animatedknots.com](http://www.animatedknots.com) |  
[www.Netknots.com](http://www.Netknots.com)

### Power Squadron Classes

[www.usps.org/localusps/fortmyers/](http://www.usps.org/localusps/fortmyers/)

### Lee Waterways App

<http://discoverpearl.com/app/waterways/>

### NOAA's Guide

[nauticalcharts.noaa.gov](http://nauticalcharts.noaa.gov)

## YOU'RE INVITED



I'd like to invite any members of the club to come sailing with me on Banderas Bay (Puerto Vallarta) on my Tartan 33 if they are visiting the area. I won't be back to PV until October and after that I'll be splitting my time between there and here in SW Florida. All anyone needs to do is email me when they'll be coming and we'll work out something from there.

Attached is a picture of sailing on Banderas Bay (not my boat but it gives an idea of what the area is like).

Thanks,  
Pete Knopf

## HOW MUCH DO YOU KNOW?

Test your knowledge of fun nautical trivia with a sailing focus. These are great questions for a long night watch or the yacht club bar.

6. You have been sailing south through day after day of heavy overcast and fog, and are thus unable to use your sextant to determine your latitude (and you have no GPS). How can you tell when you have crossed the equator?
7. Few people with acrophobia become sailors. Why? What are they afraid of?
8. Every mariner knows the difference between port and starboard. Hundreds of years ago, however, a different word was used to refer to the left side of the boat. What is it? Do you know the origin of these terms?
9. Is everything on your boat hunky dory? This phrase for feeling carefree does have a nautical origin, but it's not related to a small wood boat that is rowed. Where does the phrase originate?
10. Rum punch is a favorite among sailors when the sun is over the yardarm. There's a delightful little verse to help you remember the proportions of different ingredients in rum punch: One of sour, Two of sweet, Three of strong, And four of weak. Name the four ingredients that are sour, sweet, strong, and weak.

## From the Cruise Director [Joan Kachel]

Well, here it is already, the beginning of a new sailing season! The sign up system for sails remains the same and is outlined in the newsletter. However, this year day sails will be on the 2nd Saturday of the month, and the weekend sails will generally be on the 4th weekend of the month.

If we have Captains, boats and crew available, our first day sail is Nov. 9, with Nov. 7 the sign up cut off date. Our first weekend sail is Nov. 23-24, to Picnic Island, with a sign up cut off date of Mon. Nov. 18.

When each Captain knows who is on his/her boat (Nov. 18), each Captain will choose a food chairman. After Captains call the crew to let them know info, 'The Food Chairman' from each boat is to call me (Joanie) by Wednesday at the latest, so I can let them know who the other food chairmen are. That way the food chairmen can plan with each other what they want to do for Saturday night, as well as plan the weekend food with the others on their boat.

MORE NEW NEWS....Beverly Speakman has enthusiastically agreed to be our experienced resource person for when we want a "make it...bake it...be done" with it dish for a one-dish boat dinner, breakfast etc. She has a lot of experience with menus suitable for cruising and is very willing to share these with anyone who would like to call her! Also, please send her your recipes for one dish breakfasts, etc. We have had several. So, how about sending Bev your recipes and building up our recipe resources for easy boat dishes that are just a phone call away! Thank you so much Beverly!

In case you missed it in Headsup, BOAT OWNERS, please accurately fill out the membership application where it says to check off if you will or will not be using your boat with the club throughout the season.

Thank You! Hope to see y'all at the picnic! jk

## Tentative Sailing Schedule

This is a tentative sailing schedule for the 2013-2014 season. It is subject to change without notice. For more accurate information on each sail and to sign up visit us online at [sailing-single.net](http://sailing-single.net).

Sails are on a first-come, first-served basis however we will give priority to anyone who is on the list and does not get to sail at the next sail. You must sign up for each sail.

**November 9:** Day Sail

**November 23-24:** Picnic Island

**December 14:** Day Sail

**December 28-29:** Captain's Choice

**January 11:** Day Sail

**January 25-26:** Captain's Choice

**February 8:** Day Sail

**February 15-17:** Pelican Bay

**March 8:** Day Sail

**March 22-23:** Captain's Choice

**April 12:** Day Sail

**April 26-27:** Captain's Choice

**May 10:** Day Sail

**May 24-26:** Captain's Choice

page on last ANSWERS

Nautical trivia comes from the Sailing Pocket Companion from Pavilion Books.

# How to Sign Up for a Sail

- Go to [www.sailing-singles.net](http://www.sailing-singles.net)
- Click on the button that says: Click here for full calendar or to sign up for sails.
- Choose the sail you would like to sign up for and click the “Sign Up Now” button
- Fill in the sign up form and hit submit.

Sails will be assigned on a first-come, first served basis. If you do not get to sail, you will get top priority on the next sail, **but, you must still sign up for the next sail so we know you are available and interested.**

If you sign up for a sail and then find out you cannot go, please call Joan Kachel or email her to tell her you are no longer available.

Once assigned, Captains will call you with details and departure times. For overnight sails they will assign a food chairman who will work with other boats for the weekend’s food prep.

After you have been contacted by the Captain, you must respond to the Captain if you are suddenly unavailable to sail.

Keep checking back as the sign ups will be made available several months out so you can sign up at any time. There might also be impromptu sails so visit the site and see what is available.

The screenshot shows the Sailing Singles website with a navigation menu (Home page, Galleries, Links, Membership, Contacts) and a list of events. A red box highlights the "SIGN UP NOW" button for the "NOV 9 DAY SAIL" event. A red arrow points from this button to a sign-up form titled "November 9, 2013 Sail". The form includes a deadline notice, a name field, a best contact method selection (Phone, Email, Either), phone number and email address fields, and a submit button. A footer note says "Never submit passwords through Google Forms."

Home page | Galleries | Links | Membership | Contacts

**Sailing Singles**  
OF SOUTHWEST FLORIDA

As events are sent out in Heads Up they will be added to the website, so check back frequently to see what we're up to. TGIF and Membership meetings are the **ONLY** events open to guests, unless otherwise specified.

You must be a member to sign up for sails and IT IS YOUR responsibility to contact the Cruise Director if your availability changes after you sign up.

If you'd like to crew on a boat and are available for impromptu sails, sign up here: [SIGN UP NOW](#)

**OCT 26 Season Kick Off Picnic**  
12pm, Sanibel Causeway

**OCT 31 TGIF and HALLOWEEN**  
Nervous Nellie's

**NOV 9 DAY SAIL** [SIGN UP NOW](#)

**NOV 21 MEMBERSHIP MTG**  
7pm The Moose, Fort Myers Beach

**NOV 23-24 WEEKEND SAIL** [Deadline November 18]  
[SIGN UP NOW](#)

Home | Galleries | Links | Membership | Calendar | Con

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**November 9, 2013 Sail**

Deadline for Sign up is November 7, 2013  
**\* Required**

**Name \***

**Best Contact Method \***

Phone  
 Email  
 Either

**Phone Number**

**Email Address**

Never submit passwords through Google Forms.



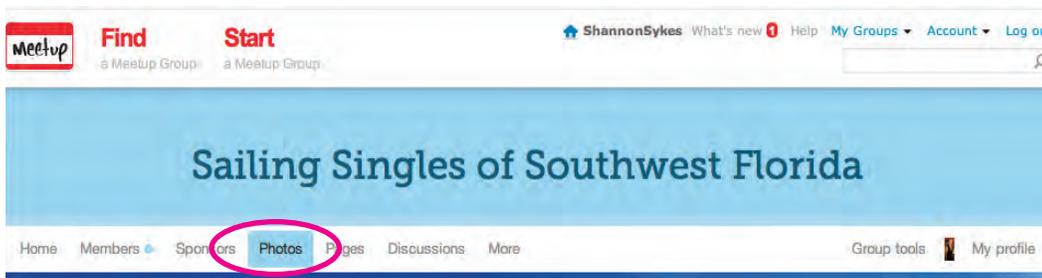
# Post your pictures on Meetup.com for Sailing club members to enjoy!

Please post your pictures on Meetup.com for everyone in our club to see. In order to do this, you must join meetup (which is free) and join our group. Once you do that it is simple. Hopefully in 2014 we can migrate to our website with an easy way for you all to post pictures, but until then...look below for instructions.

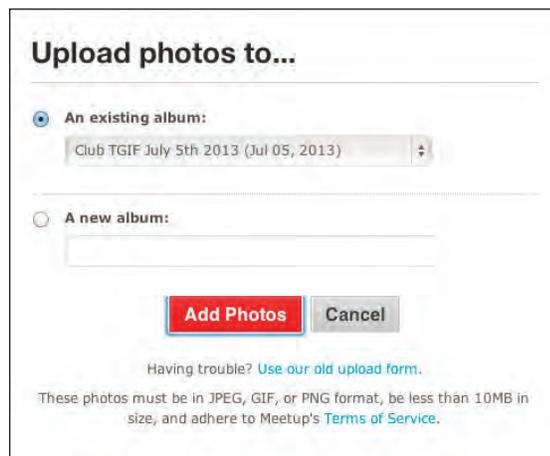


[WWW.MEETUP.COM](http://WWW.MEETUP.COM)

Once you join meet up, click the Photos tab at the top of the page:



Then Below that will be a link that says upload photos. You'll need to know where on your ocmputer they are located because once you click upload photos, it asks which album or allows you to create a new album... Label them well. Please don't simply put the date, tell us where it is or whose boat and the date.



If you don't get the option to create a new album (may be reserved for leaders only) then let me know and I can create one or Dan can create one for you. I will try and create them for all upcoming sails, but in case I miss one!

At this point, navigate to your photos and add them to the album you create or that was already created. Follow the screen prompts. If you get frustrated, please let me know and I can uplaod them for you.

## ANSWERS

6. Water going down a drain swirls counterclockwise in the Northern Hemisphere and clockwise in the Southern Hemisphere. So just put some water in the galley sink and watch after you pull the plug. This is called the Coriolis effect, which also influences ocean and wind currents.
7. Ancarophobia is fear of the wind.
8. The term originally used for the left side of the boat was larboard. Given its similarity in sound to "starboard," you can see how the term "port" became preferable over time. "Starboard" derived from Old English terms for steering board (on the right side of historic ships). Larboard possibly came from the words for loading and board - and ships were traditionally docked on their left side for loading. "Port" is thought to have the same meaning: the side put to the wharf when in port.
9. Sailors in port in Yokohama liked to visit Hunki-Dori street when they felt carefree - in the center of the city's red light district where sailors were wont to go after a long time at sea.
10. Rum punch can be made in various ways, but this ditty helps you recall the basics. One part of lime juice (sour); two parts of sugar syrup or a sweet juice like orange or pineapple (sweet); three parts rum (strong); and four parts water or any lighter juice (weak).



[www.sailing-singles.net](http://www.sailing-singles.net)