



ANCHORS UP

SAILING SINGLES OF SOUTHWEST FLORIDA

www.sailing-singles.net | March 2013 Newsletter



PHOTO BY Shannon Sykes

FEB 9 SAIL ON BOUNTIFUL, LOWERING THE SAIL

CALENDAR

MAR 10

Day Sail - sign up online

MAR 21

7pm Membership Meeting
FMB Moose Lodge #964
See Heads Up for Details

Check the website and watch "Heads Up" and the website for additional outings and more specific information.

BIRTHDAYS

- MAR 1** | Bonnie Nagle
- MAR 3** | Angel Strokey
- MAR 3** | Janet Valentine
- MAR 4** | Shannon Sykes
- MAR 6** | Deena Kirkey
- MAR 12** | Georgene Bruder
- MAR 13** | Barbara Becchino

Remember give a warm welcome to new member(s).

Quote of the Day:

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."
Mark Twain

Who's Who

Commodore:	Lee Hawk	Telephone:	John Coriell
Vice Commodore:	Dan Bullard	Newsletter Editor:	Sonia Raymond
Secretary:	Joy Hanson	Website Editor:	Shannon Sykes
Treasurer:	Janet Valentine	Heads Up:	Ann Lieberman
Directors:	George Cuic	Program Coord.:	Phil McCorkle
	Melissa Butler	Social Chairman:	Kathy White
Membership:	Georgene Bruder	Publicity Coord.:	Jocelyn Erickson
Cruise Committee:	Kathy Maciel		

CAPTAINS

Mary Burch	Deena Kirkey
George Cuic	Kathy Maciel
Tom Edleman	Sonia Raymond
Allen Fiske (305) 720-7494	Clarence Yahn



Commodore's Corner [Lee Hawk]



Ahoy, mates. February flew by like a formation of jets on a mission. The winter months are providing us with good to excellent sailing opportunities. Day sails, as well as overnight sails, are planned and hopefully we can make trip through the locks before season end.

I hope you have viewed the Website (sailing-singles.net) and reviewed the posted information. Kathy and Bob updates are posted by dates received so you can read them in the proper order. The newsletter is online also, but phone numbers are removed. The newsletter you receive in your e-mail from Ann is all encompassing. Sail sign-ups are also on the web site and you can choose the date that best fits your schedule.

The web is going to become a more import feature with the club providing updated information, sailing opportunities, and other activates. Also, Ann will keep updated weekly with Headsup. Press on.

From Cruise Chair [Joan Kachel]

We've had some interesting day and weekend sails. Captain Clarence and his crew are becoming the experts at doing the Swamp Cabbage Festival!

A detailed plan for the rest of the season is in in works, watch the website for sign up opportunities. March overnight/rendezvous is not happening as previously scheduled and planned for, because sailing captains are unexpectedly out of state then. If something else comes up for a club March sail, there will be a notice in Headsup.

HOW TO SIGN UP FOR A SAIL

- Go to www.sailing-singles.net
- Click on the white button at the bottom that says: Click here for full calendar or to sign up for sails.
- Choose the sail you would like to sign up for and click the "Sign Up Now" button
- Fill in the sign up form and hit submit.

You are now on the list for the sail. Sails will be assigned on a first-come, first served basis. If you do not get to sail, you will get top priority on the next sail, **but, you must still sign up for the next sail so we know you are available and interested.**

If you sign up for a sail and then find out you cannot go, please call Joannie to tell her you are no longer available.

Once assigned, the Captains will call you with details and departure times. Once you have received a call from the Captain, you must respond to the Captain if you are suddenly unavailable to sail.

Keep checking back as the sign ups will be made available a month out so you can sign up at any time. There might also be impromptu sails so visit the site and see what is available.

BOAT SAFETY

1. **Knowledge** – take a safe boating course to learn how to avoid trouble.
2. **Preparedness** – Captains carry all required Coast Guard safety equipment and Crew do what the Captain tells you.
3. **Experience** – Follow the rules of the road and get out on the water and get as much experience as you can. Can't do it sitting watching TV.
4. **Discretion** – Weather is a primary consideration in whether to head out or stay in. Check the weather using the many sources available.
5. **Caution** - Captains -file a float plan and Crew tell a friend or relative that you are going out.
6. **Judgement** – Be aware of your surroundings and the weather.

Emergency Radio Call Procedures

1. Make sure radio is on
2. Select Channel 16
3. Press/Hold the Transmit button 
4. Clearly Say: MAYDAY
MAYDAY MAYDAY
5. Also Give:
 - i. Vessel Name and/or description
 - ii. Position and/or location
 - iii. Nature of emergency
 - iv. Number of people on board
6. Release Transmit Button
7. Wait for 10 seconds – if no response repeat "MAYDAY" Call.

Have all on board put on life jackets.

NOAA's Guides Go Digital: Effective August 21, 2012, NOAA has begun publishing its entire US Coast Pilot series online, where books are available as free downloadable PDFs. The nine volumes provide navigational information for the majority of the country's waterways, including anchorages, currents, tides, weather and small craft facilities.

www.nauticalcharts.noaa.gov

Visit our website to keep up with Kathy and Bob in Gypsy's Big Adventures www.sailing-single.net

Crews Corner & Notes

SAILING: Day Sail MAR 10 (deadline Mar 7)

Impromptu day and skills sails.....call Mary if interested. Bright Star will be available this month to sail. Lets get some small groups and go. Weather promises to be great so bring swim suits from now on.

James Baker also likes to go out on the River. Give him a call

HEADS UP: Watch the Sailing Singles website or look for Head's Up for know what is happening.

SSC SHIRTS: Get them at Fred's Award World, Ft. Myers.

DID YOU KNOW???? The United States Coast Guard has rescued well over 1 million people since it was established as the Revenue Cutter Service in 1790.

BOATING COURSE: Take an Online Boating Course It's time to brush up on your boating and safety skills, and doing it online is easy and free.

www.BoatUS.org/onlinecourse | www.BoatUs.com/games

NEW WEBSITE: www.Boatsafe.com | Has boat safety, boating courses, articles, ships store and boating quizzes.

LEE WATERWAYS APP: Lee County boaters now have their own App for smart phones. This free App has a

variety of information.

There are maps and satellite maps of waterways throughout Lee and Collier Counties. A fish finder and identify the fish you catch and the regulations. A reef map gives boaters GPS coordinates for local reefs. A ship-wreck map does the same for underwater shipwrecks. The maps show where idle and slow speed zones are. There's info on drawbridges and passes. You can download it on your phone and know the information is up-to-date. Search: Lee Waterways App.

FOR YOUR INFORMATION: An interesting website called: Tales From the Scuttlebutt. Some truly interesting nautical yarns which people have spun!! There are cartoons and other interesting sites there. In search, type "Tales From the Scuttlebutt" to get on the website.

POWER SQUADRON: Try Power Squadron Courses to Increase Your Boating Knowledge

KNOW YOUR KNOTS: Go to these websites for a fun way to learn to tie knots with animated illustrations: www.animatedknots.com | www.Netknots.com

JOCELYN WANTS TO KNOW: If any of you see my articles in any of the newspapers, clip and save for me.

Basic Knowledge of Rope [Louie Bartos, Alaska]

For Your Information: Basic Knowledge of Rope. A test! Answer True or False

1. Rope is a relatively new invention of man. True or False
2. Rope is made by twisting fibers (threads) together. True or False
3. Rope is made by plaiting or braiding fibers together. True or False
4. Ropes are held together with a special rope glue. True or False
5. The Tudors boat builders were the first people to make rope. True or False
6. Rope is (can be) made from animal skins. True or False
7. Rope can be made of metal. True or False
8. Putting knots in rope strengthens it. True or False
9. Two ropes can be joined by weaving the ends

together. True or False

10. Ropes structure does not change.

True or False

11. Cordage is made from "Nettles" True or False
12. Cable lay rope is made of Steel. True or False
13. (See end of Newsletter for answers) How did you do???



Swamp Cabbage Festival Trip

BY JAN MURGITTROYD

Our trip started on Thursday at 2pm from Clarence's dock in St. James City, Pine Island, aboard the good ship "Bountiful", his beautiful Morgan 32. We had good sailing to Nervous Nellie's Marina at Ft. Myers Beach, a nice swim in the pool, drinks and snacks at the local bar and a pickup at 6 o'clock by fellow club member Phil who gave us a ride to the Sailing Singles meeting. Back to the boat we took a little evening stroll before turning in for an early get-up and breakfast ashore to begin the real adventure Friday morning.

Fair winds and favorable tides gave us speeds of up to 6 1/2 knots on our trip to La Belle. A bit of excitement was provided by our "slight" run-aground. Some heavy throttling by Clarence while Roger and I put our weight at the bow got us over the sandbar in the middle of the channel by marker 24. Skipper advises staying to the south side of the channel. We were tied up at the local dock by 6 pm and strolled the local festival area before having dinner at a restaurant in town.

Saturday was breakfast of bacon and eggs aboard, prepared by first mate Roger, then another stroll through town and a fun afternoon of gazing at the first rate assortment of autos provided at the antique car show. We tried not to leave drool marks!

The afternoon included a shipside swim and bath for Roger and Clarence. The screams from the local aboard the boat next to us regarding the alligators did not deter them. I took pictures of their swim and then had a shower from the water hose. 'Gators weren't the main fear – it was the thought of the unsanitary fresh river water that did it for me! A later dinghy ride up some of river's inlets was especially interesting. We saw dozens of abandoned and decaying boats. What a shame.

Saturday evening we hitched a ride to the local rodeo and got involved in the local scene. The bucking bronco riders put on an exciting show that had me screaming my lungs out. Clarence charmed the young lady who'd sold us our tickets into a ride back to our boat. She remembered him because he had her stamp his forehead at the entrance gate. Yea Clarence!

After the rodeo we had a party aboard with drinks and a rousing, laughter filled game of Hearts. Roger won. My constant reminders to "get Roger", because he was ahead, did not seem to work on Clarence.

Sunday was leisurely grazing at the festival for breakfast, then listening to some really wonderful gospel music at the outdoor stage. Four young girls were harmonizing well enough to have us all in awe. Bob,



another club member, dropped by the boat on Sunday. He had his cousin with him, who was a local resident. How fortuitous for Roger and Clarence that when they met up at the local museum, which was closed. Bob's cousin had a key and let them in. Talk about the luck o' the Irish!

Sunday evening dinner was foraged from the local vendors, and eaten at a little picnic table overlooking the river – under the shade of a spreading live oak tree. Roger's luck gave out as a bird dumped a glob of icky white stuff on his hand during our picnic. Then he SHOWED it to me! Yucky!!!

Back to the Bountiful for a drink, a little card playing, plus munching on the brownies covered with chocolate chip cookies I had brought along. Early to bed for a 6 a.m. wake-up call. Clarence wanted an early start home.

Monday morning we were on our way by 7 a.m. and I made pancakes and sausage underway. The seas and winds were against us, so progress was very slow. After a stop at a Ft. Myers marina for pump out and water Roger served yummy turkey and swiss sandwiches on pita bread. Umm, Ummm, GOOD.

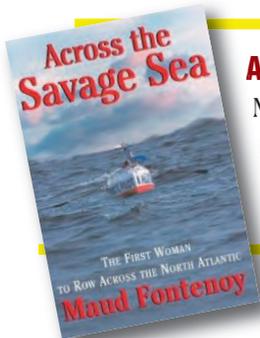
We had Bountiful back at her dock before six. The trip was a real treat. Clarence is the nicest skipper I've ever sailed with, and Roger is the best first mate. The trip aboard "Bountiful" was truly bountiful.

Jan Murgittroyd [sailgale@yahoo.com]

CREW TIPS FOR MEMBERS

SAILING SINGLES OF SWFL

- **ALWAYS BE EARLY** for boarding. Call your Captain if delayed. Boat leaves at scheduled time set by the Captain.
- **WEAR BOATING SHOES.** Rubber-soled athletic shoes are ok, but no black soles.
- **ONLY BRING LIFE JACKETS** if requested by the Captain. Know where the Captain keeps jackets and emergency equipment.
- **DON'T** ask to be back by a specific time.
- **NO OUTSIDE GUESTS** without making prior arrangements. Members have first choice for placement on available boats.
- **LISTEN CAREFULLY** to Captain's instructions and boat information.
- **BRING MINIMAL BAGGAGE.** Pack for weather changes, pack lightly and bring only necessities. Buy a lightweight but warm sleeping bag for overnight sails.
- **NO OILS,** or greasy suntan lotions with Paba.
- Bring a small flashlight on overnight cruises.
- **SMOKERS, GET PERMISSION** from the Captain. Find out where smoking is permissible. Do not throw butts or filters overboard. No smoking in cabin or the cockpit near fellow crew members. Do not smoke near the sails or upwind.
- **HEAD USE** Marine toilets are not mysterious, just different. Get instructions on how the toilet on your assigned boat works before leaving the dock. Find out what gets flushed and what gets put in the wastebasket.
- **KEEP GARBAGE TO A MINIMUM.** Arrange for a crew member to dispose of the trash somewhere other than the Captain's dumpster. If you must, take the boat garbage home. Do not leave it with the Captain.
- **SEA SICKNESS** If you develop motion sickness, stay above deck, to stern and tell the Captain early on. Take motion sickness prevention medication before sailing. Everyone who sails will get seasick sooner or later.
- **FOOD AND BEVERAGE ABOARD.** Coordinate with others on your boat. On-board eating should be quick and simple and include non-messy, pre-cooked foods that can be warmed up or served cold. Bring your own pre-chilled beverages and appropriate travel mugs.
- **BE WILLING TO SAIL** on any club boat and available for clean-up upon returning to the dock. We have a variety of sailing vessels and desire to have our members be assigned to different boats for each club activity. Captains may have needs at the end of the sail. Ask the Captain for clean-up instructions.



Across the Savage Sea by Maud Fontenoy

Maud Fontenoy an old-school adventurer, who in 2003 became the first woman to row across the North Atlantic. She tells the story in her new book. (North Atlantic-cold, blisters on the hands, Oh My! Gotta read this book!!!)

Remember When? Taken from the March 2007 Newsletter. Joy Hansen was Editor of the Newsletter. The Commadore was George Nemes and Vice Commadore was Deena Kirkey. The Club was planning a 10 day cruise to the Dry Tortugas and Key West on 4/21/2007. There were 8 people signed up. Paul Moran was Cruise Chairman. George Lewis had "Moments Notice" and other boats were called "Snafu III and "Betty Boop". Happy St. Patricks Day!!!

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www.sailing-singles.net

Rope Test Answers: 1.F 2. T 3. T 4. F 5. F 6. T 7. T 8. F 9. T. 10. F 11. T 12. F